



*Living Waters Meditation Centre*

## **Introductory Courses**

**at Living Waters Christian Meditation Centre**  
**34 Kenrick Street, The Junction**

**commence on Monday 6<sup>th</sup> February, 2012, at 6.30pm**

**and also on Friday 10<sup>th</sup> February at 10.00am.**  
**(Sessions last one hour and continue for 5 weeks>)**

**All are welcome.**  
**Cost for course: \$25.00**

**For bookings:**  
**E [carmel.moore@ssjl.org.au](mailto:carmel.moore@ssjl.org.au)**  
**Or P 0412 122 297**

**Living Waters Meditation Centre**

**Presents**

**SATURDAY MORNING SESSIONS**  
**ON CONTEMPLATION -**

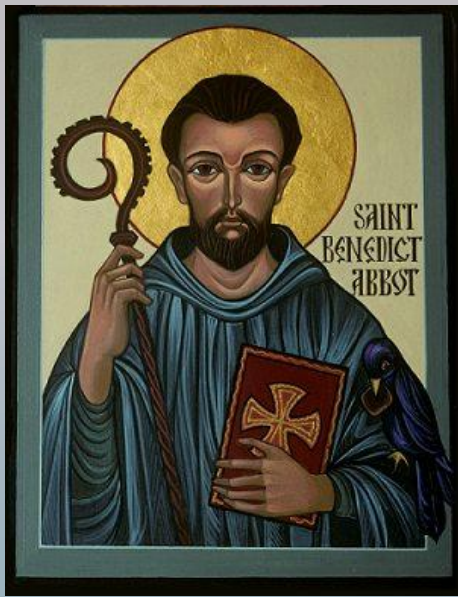
**On the first Saturday of the month**  
**9.30am to 12 noon – Toohey Room, Hamilton**

(on the western side of Sacred Heart Cathedral)  
Teaching, morning tea and meditation

4<sup>th</sup> February, }  
3<sup>rd</sup> March, } The Gift of Contemplative Prayer

6<sup>th</sup> May, }  
7<sup>th</sup> July, } Contemplating the Face of Christ  
6<sup>th</sup> October. }

Living Waters



# Benedictine Book Group

Starts 6.30pm Wed 15<sup>th</sup> Feb, 2012

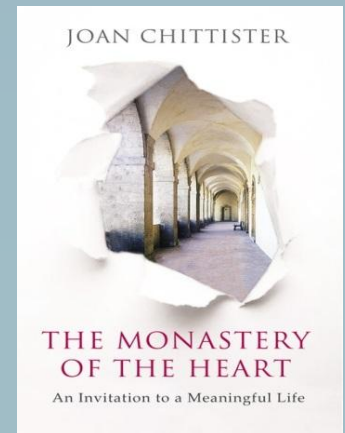
Join a small discussion group at 6.30pm on the first Wednesday of every month to explore a Benedictine book: "The Monastery of the Heart." The book is a contemplative exploration of St Benedict's guide for living gospel values in our world of rapid change. St Benedict's guide shows us how to fully participate in the world, whilst also developing a deep sense of inner peace.

Join anytime, cost is \$25. Includes book, study guide, coffee & tea for the year.

FOR FURTHER INFORMATION:

Thomas Sobb 0437875895 [thomas.sobb@gmail.com](mailto:thomas.sobb@gmail.com)

Edwina Butler 0430034389 [lockned@bigpond.com](mailto:lockned@bigpond.com)



**LIVING WATERS CHRISTIAN MEDITATION CENTRE**

**PRESENTS**



**COMMUNITY RETREAT DAYS**

for all to enjoy the benefits of renewing their commitment

**at St Philip's Church Hall, 31 Vista Parade, Kotara,**

**10am to 3pm**

**"Believing is Seeing"**

**on Saturday 28<sup>th</sup> April, 2012**

and

**"Listening with the Ears of the Heart"**

**on Saturday 15<sup>th</sup> September**

cost \$10.00

Bring your own lunch, teas and coffee provided.

Rsvp: Sr Carmel Moore **P** 0412 122 297 **E** [carmel.moore@ssjl.org.au](mailto:carmel.moore@ssjl.org.au)

Bev & Bob O'Toole **P** 4999 6316 **E** [abc.14900@bigpond.com](mailto:abc.14900@bigpond.com)



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## **Lochinvar Retreat Weekend**

**A silent live-in retreat**

**13<sup>th</sup>, 14<sup>th</sup> October, 2012,**

**beginning with dinner at 6.00pm on 12<sup>th</sup>.**

**Theme: Contemplating the Face of Christ**



**Keep this date, brochure available on website**